

Want to win the holiday of a lifetime?



Then quit smoking with us and save over £3,000 a year!* You'll get a free goodie bag from us too.

We at SMART understand how hard it can be to stop smoking. We can help you by providing a fun, supportive environment teamed with practical tools and tips that mean you are in a more powerful position to take control and quit for good.

Contact us on 0207 376 4668 or, e-mail stop.smoking@smartlondon.org.uk for more details and to reserve your free place.



***(This figure is based on £9.10 per pack of 20 x 365 days per year! = 1 pack of 20 per day)**

 **SMART**
St Mary Abbots Rehabilitation & Training